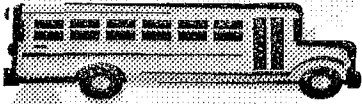


September Menu – Congregate

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1% MILK SERVED WITH MEALS</p>		<p>Swedish Meatballs 1 W/Mushroom Sauce Rotini Noodles Tossed Salad, Dressing Wheat Bread Apple Cake</p>	<p>Cavatappi w/Ham & Cheese 2 Carrots (3/4 cup) Dinner Roll Orange Jello w/Mandarin Melon</p>	<p>Roast Pork 3 Mashed Potatoes w/Cheddar Broccoli Cuts Wheat Bread Oranges</p>
<p>6 HOLIDAY NO MEALS SERVED</p>	<p>Sweet-n-Sour Chicken 7 Rice Pilaf Japanese Vegetables Italian Bread Carrot Cake</p>	<p>Breaded Pork Cutlet 8 Mashed Potatoes w/Ranch Dressing Baby Carrots Wheat Dinner Roll Pears</p>	<p>Scalloped Potatoes 9 W/Ham Broccoli Florets Dinner Roll Chocolate Mousse</p>	<p>Beef Steak 10 W/Monterey Jack Cheese Rice Risotto Brussel Sprouts Wheat Bread Cookies</p>
<p>Hot Turkey Sandwich 13 On White Bread Mashed Potatoes Peas & Mushrooms Vanilla Pudding w/Peaches</p>	<p>Buffet Ham 14 Diced Sweet Potato Green Beans Dinner Roll Large Pumpkin Cookie</p>	<p>Split Pea Soup 15 Oyster Crackers Tuna & Egg Salad w/Lettuce & Tomato Slices Wheat Bread Chocolate Cake w/Frosting</p>	<p>Chicken Cacciatore 16 Home Fries Oregon Blend Vegetables Wheat Bread Pineapple Chunks</p>	<p>Chicken Teriyaki 17 Vegetables Brown Rice Pilaf Wheat Bread Peanut Butter Cookies</p>
<p>Baked Fish 20 Lemon Wedge Rice Pilaf Baby Carrots Wheat Bread Melon</p>	<p>Roast Turkey w/Gravy 21 Mashed Potatoes w/Cheddar Vegetable Salad w/2 Dressings Dinner Roll/Butter Birthday Cake</p>	<p>Broccoli Quiche 22 Green Beans Wheat Bread Sugar Cookies</p>	<p>Spaghetti & Meatballs 23 Green Leaf Salad Italian Bread Fruited Jello</p>	<p>Chicken Marsala 24 Mashed Potatoes Gravy Peas & Onions Dinner Roll Grapes</p>
<p>Corn Chowder 27 Crackers Seafood Salad Lettuce Leaves Tomato Slices Croissant Pumpkin Pie w/Cream</p>	<p>Pot Roast 28 Baby Carrots w/Dill Boiled Potatoes Wheat Bread Chocolate Chip Cookies</p>	<p>Cheese Ravioli w/Meat 29 Sauce Broccoli Italian Bread Fruited Jello</p>	<p>Stuffed Chicken Breast 30 Mashed Potatoes Mixed Vegetables Wheat Bread Watermelon</p>	